

Discussion Guide

THERE ARE 2 STEPS TO TAKING VOWST[®]

Details below to be filled in by your physician

STEP 1 BEFORE VOWST

Finish the full course of antibiotics to kill *C. difficile*, the bacteria that caused your infection

ANTIBIOTIC DETAILS

- ☐ Fidaxomicin ☐ Oral vancomycin
☐ Other _____

Antibiotic start date _____ Day supply _____

Drink 10 ounces of a laxative (magnesium citrate)* within 1-3 days of finishing antibiotics to get rid of leftover antibiotics from your gut

LAXATIVE DETAILS (1 dose, as directed by your doctor)*

- ☐ 10 ounces (296 mL) magnesium citrate
☐ Alternative laxative option: _____

*Tell your doctor if you have kidney disease, because you may not be able to take the magnesium citrate laxative.

Using a laxative is important because it helps clear out leftover antibiotics from your gut so that VOWST can work properly

One-dose,
one-time laxative

Typical
colonoscopy prep



Only 10 ounces

VS



128 ounces

"That's less than a can of soda."

- Person with recurrent *C. diff*

STEP 2 TAKING VOWST

One day after taking the laxative, start VOWST, before your first meal on an empty stomach

Do not eat or drink (except for a small amount of water) for at least 8 hours before starting your 1st dose of VOWST.

- This will be 2-4 days after finishing antibiotics, which can help prevent another *C. diff* recurrence

VOWST DETAILS

At the latest, start VOWST on: _____
(DATE)

VOWST is 4 capsules taken orally once a day for 3 days in a row



Swallow each capsule whole.
DO NOT crush, chew, or break the capsules.



Scan to learn more about VOWST
or visit **VOWST.com**

! Do not take VOWST at the same time as antibiotics or the laxative

INDICATION

What is VOWST?

VOWST is a prescription medicine used to prevent *Clostridioides difficile* (*C. diff*) infection from coming back in people 18 years of age or older after antibiotic treatment for *C. diff* infection has been completed.

VOWST is not intended for treatment of *C. diff* infection.

Please see Important Safety Information throughout, Patient Information, and full Prescribing Information.

The VOWST Voyage™ Support Program may help you on your treatment journey*

VOWST
(fecal microbiota spores,
live-brpk) capsules



After your doctor helps enroll you in the VOWST Voyage Support Program, **a case manager will contact you to answer any questions you may have about the program and, if eligible, coordinate the shipment of a welcome kit,** which may contain your laxative, directly to your home.



The VOWST Voyage Support Program also offers financial assistance to eligible patients,

including the VOWST Co-Pay Savings Program for eligible, commercially insured patients.

If you have concerns about affording your VOWST prescription, please contact us at **888-356-5444** and we may be able to help.



Scan to learn more about VOWST Voyage programs or visit **VOWST.com**

NOTES: _____

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IMPORTANT SAFETY INFORMATION

Do not take VOWST at the same time as antibiotics. VOWST contains live bacteria and antibiotics can interfere with VOWST.

Swallow each capsule whole. DO NOT crush, chew, or break the capsule. See Patient Information for complete information about how to take VOWST.

The most common side effects of VOWST are:

- bloated abdomen
- chills
- fatigue
- diarrhea
- constipation

These are not all the possible side effects of VOWST. Call your doctor for medical advice on side effects. You are encouraged to report negative side effects to the FDA. Call 1-800-FDA-1088 or visit www.fda.gov/MedWatch.

Before taking VOWST, tell your doctor about all your medical conditions, including if you: have kidney disease because you may not be able to take the magnesium citrate laxative; or have any other medical conditions now or have had before, are pregnant or planning to get pregnant, or are breastfeeding.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and supplements.

Please see Important Safety Information throughout, Patient Information, and full Prescribing Information.

*You do not have to enroll in the VOWST Voyage Support Program to be prescribed VOWST.